

Summer Term Second Half 2012 [www.leicesterhigh.co.uk](http://www.leicesterhigh.co.uk)



Junior Awards. She left us 6 years ago and is now a barrister in London. Still in her twenties, successful, vivacious and confident, she epitomises the LHS girl. I wish you all a safe, and happy summer. JB

**I**t has been the busiest four weeks I have ever experienced at Leicester High! Everyone has embraced the Diamond Jubilee and the Olympics and this has resulted in some exciting new activities for the girls. Our Summer Celebration was a wonderful way to see all the work that had been achieved in Expressive Arts, and watch the Juniors scoot 183km! The Junior Awards was a very positive occasion which celebrated the achievements of Year 6-10 girls. An exciting new development for us is that we have a lovely new website: do have a look. My aim is to give you as much information, news and photographs of what goes on as possible. Tell me what you think of it, as we will continue to add to it. I also encourage you to follow us on twitter. I particularly enjoyed welcoming Fenella Cooil, see left, back to school as speaker at the

## Girls Excel at Junior Awards

**J**uly 4 marked the inaugural Junior Awards Ceremony at Leicester High School for Years 6-10 and it was an afternoon to celebrate everything which the girls have achieved throughout 2011-12. Old girl, Fenella Cooil, spoke passionately about her time as a pupil and the skills and talents LHS had equipped her with for her current job as a barrister, as well as in life itself. She inspired the girls to never give up, to meet every challenge face on, and to believe in themselves and have confidence in all they do. She then handed out prizes, awards and certificates to over 90 individual girls. It was another opportunity for our girls to shine: through their musical performances, the accounts of their varied feats, or through formal speeches of introduction and vote of thanks.



## Thrilled to see The Olympic Flame!



### Page 2 Junior

- Summer Festival
- Scooting for Gold!
- Kelmarsh Hall
- Photo Gallery

### Page 3 Senior

- Expressive Arts
- Author Visit
- Jaguar Maths Day
- Sports Day
- Emirates Stadium

### Page 4 Sixth

- New Careers Event
- UCAS Fair
- Year 12 Work Experience
- DofE Co-ordinators

Don't forget to  
follow us on twitter!

[www.leicesterhigh.co.uk](http://www.leicesterhigh.co.uk)  
Tel. 0116 270 5338



# Junior

## A Fantastic Summer Festival



Since September 2011 the Junior Department has been living the Olympic Values of Respect, Excellence and Friendship. In December an official plaque was received from the Olympic Committee to recognise this. Years F-5 girls certainly evidenced these values in their annual Summer Festival performance to parents, staff and governors on 29 June. The Olympic theme allowed the girls to perform dances depicting the torch relay and many of the Olympic sports, set to music inspired by the games. The many songs, learned by the girls, were sung from the heart and will remain firm favourites in the Juniors for some months to come.



## Scooting for Gold!



The whole of the Junior Department, working as a team, scooted the distance to the Olympic Stadium in Stratford, London on June 25: a distance of 183km! Sponsored and supported by parents, friends and staff, they whizzed round and round the tennis courts, raising money for playground equipment and Sport Relief. The event had the atmosphere and excitement of the real Olympics, and was one event amongst many on that day. Plants were sold by gardening club, and there were yoga and Lego robotics sessions for the girls to enjoy and parents to see. Mrs Fowler, Head of the Junior Department, said, 'We have embraced the Olympics this year in terms of projects and teaching, and the girls are very well informed and very motivated. I am very proud of them all.'

## New Trip to Kelmarsh Hall



Years 5 and 6 joined together for a science trip on June 15 to spend a day in the gardens of Kelmarsh Hall, Northamptonshire, learning about plants. It was an opportunity not just to develop the girls' understanding about

plants, but also to redevelop friendships and ask questions as the Year 5 girls prepare to join Year 6 in the Senior School. In mixed age groups, the girls were given a list of vegetables, salads and fruits to find in the extensive walled kitchen gardens. The pupils learnt about insects and went on bug hunts in the grasses and in the woods. After hatching chicks earlier in the year, several girls felt quite at home near the chicken coop. The girls loved eating their lunch on the terrace, under the tree-lined avenues, overlooking the ornamental lake. One girl even commented that it looked like a 'Jane Austen' film set.

## Jubilee Party, Junior Sports Day, Parents Visit Outdoor Classroom & Foundation Unit Sports Day



# Senior

## Expressive Arts Showcase



**A**s part of Leicester High's Summer Celebrations, over 150 girls from Years 6-10 took part in showcasing their musical, drama, dance and artistic talents to friends and family on Monday 25 June. It was one of this year's rare beautiful summer evenings, which allowed visitors to wander from the entrance foyer across the courtyard garden to the gym, from the drama studio to the art and design studio to view fashion shows, art displays, dramatic scenes in progress and listen to music composed by the girls themselves echoing from every corner of the school. It was a highly successful and enjoyable display of the talent fostered within the school.

## Girls' Favourite Author Visits School



**O**n Wednesday 27 June Leicester High School for Girls were delighted to welcome children's author Cathy Cassidy to school. Students in Years 5, 6, 7 and 8, including a group from Kibworth Primary School, attended the literary event. The girls had the opportunity to hear Cathy talk about her life as an author and the inspiration behind her new book in the Chocolate Box Girls series *Summer's Dream*. There was also a question and answer session and the opportunity to buy a book signed by Cathy herself.

## Jaguar Maths Day



**G**irls from Year 7, together with 10 guests from Samworth Academy, spent the day as design engineers for Formula 1 teams in a House competition on 18 June. The teams had to assess the track and then set up their racing car to be as fast as possible, as well as think about how much fuel would be needed and when to have pit stops and change tyres. The top three positions gained substantial rewards for their houses: **1st**, Charnwood Racing Team: Emma Culverwell and Zainab Adelopo, 30 House Rewards; **2nd**, Bradgate Racing Team: Hannah Erlebach and Shanti Sud, 15 House Rewards; **3rd**, Charnwood Racing Team: Jasvin Kaur and Ruhi Vaitha, 5 House Rewards.

## Prize Winners invited to Emirates Stadium



**O**n Monday July 2, by special invitation, a group of eight girls travelled to Arsenal's Emirates Stadium to take part in the culmination of 'Together in the Language of Sport'. As runners-up in the national Olympic Song Competition, the girls were invited to attend the official filming of the video, singing in Spanish, French, German, English, Italian and Greek. Much fun was had practising the dance moves along with learning the sign language for the chorus. All in all, an unforgettable day!



## Sports Day!

**L**uckily the Senior School Sports Day went ahead, despite the cold and wet weather. Held at Saffron Lane Stadium on the all-weather track, on 2 July, it was a clear victory for Charnwood, followed by Beaumanor and then

Bradgate. New records were set by Shivani Sood for the 200m, Paidamoyo Maravanika for the long jump, and Rebecca Boyd for the 1500m. The Victrix Ludorum cups were awarded to: Shivani Sood, Fara Asra, Aminah Omotoso, Beatrice Ferris and Joanne Hitchcock. Thanks go to Mrs Siesage who handed out certificates along with Headmistress, Mrs Burns. To celebrate the Olympic Flame coming to Leicester, many girls sported the T shirts specially designed to celebrate the historic occasion. Each house selected two athletes to represent them in an Olympic triathlete event. They had to jump, throw and sprint 100m at the end of the day. Commemorative medals were awarded to: Aminah Omotoso, Gold, Joanne Hitchcock, Silver and Rose Leather, Bronze.

# Sixth

## New Careers Event



**T**his new event, entitled 'Work Experience', involved pupils in Years 9, 10 and 12, and was introduced in order to boost their experience of meeting 'real' people in the workplace. The event also widened the girls' knowledge of careers. There were four career areas represented: law, journalism, medicine and teaching. The following professional people took part in the event: Mrs Emma Mitchell, a solicitor from Emery Johnson; Laura Vickers, a barrister from the New Street Chambers, Leicester;



Mrs Sood, a broadcast journalist who worked in radio & TV; two first year doctors from the Leicester Royal Infirmary, Sheena Raja and Khuram Waheed; and Miss Lisa Ravel, an LHS old girl, who discussed drama and teaching. We would like to thank all those who attended for giving

up their time and sharing their expertise.



## A Year in the Life of 2 DofE Co-ordinators



Aruna Ubhi



Erin Catterall

### What does a DofE co-ordinator do?

**A:** Mostly help Mrs Martin to check she has organised everything. **E:** It is varied and we can be doing paperwork or chasing up girls for various reasons.

### What have you learnt over the year?

**A:** The sheer organisation that goes into DofE. It's immense! I also realised I work really well with Erin, and I love the outdoors. **E:** Over the years doing DofE I have learnt so much more about outward bound activities. I am very passionate about them and want to pursue a career in them.

### Why is DofE worth doing?

**A:** It's literally changed my life. Team skills, independence, awareness of nature: all just only touch the surface of how it develops a person. **E:** It's worth doing because it allows you to grow as a person, experience things you wouldn't usually, make friendships that will last a lifetime and make decisions quickly and effectively.

### What was your greatest achievement/experience/disaster?

**A:** Gold! Started off with 4. One hurt her knee and dropped out and we were told we couldn't continue. Erin stepped in, but hurt her ankle. Dropped out. Finally Lucy came to the rescue! It was close to failing, so it was a rollercoaster of emotions. **E:** My greatest achievement was completing my bronze final in torrential rain, thunder and lightning. My greatest experience was seeing Ullswater from the top of Hellvelyn before I had to drop out after I hurt my ankle coming down.

### Any top tips for DofE?

**A:** Believe you can do it. You can. **E:** My DofE top tips are: pack light, it makes such a difference; enjoy yourself; eat ALL the time; sing ALL the time; laugh ALL the time.....but navigate simultaneously! And eat custard.....it makes everything better!

### What advice would you give to your successors?

**A:** Write lists! Many lists!! **E:** Keep on top of the work they're given and be prepared for a lot of weekends and late nights taken up by it. But most of all I advise them to have fun, make memories and look after Mrs M. because she does an amazing job and we would never get to do it without her.

### What is the best sight you have seen?

**A:** Ullswater. One of my favourite places in the whole world. **E:** Arriving at our wild camp on Gold Practice in Snowdonia when it was starting to snow and putting up our tent in the snow and howling wind. The next morning, walking down in snow drifts up to our waist was the most fantastic experience and one of my favourite memories. I wouldn't swap anything I've ever done on an expedition for better weather or easier conditions because it is all just part of the DofE experience which I love.

## UCAS Higher Education Fair



**M**rs Lancini, alongside new Sixth Form tutors Mrs Formoy and Mrs Bott, recently took Year 12 girls to the University of Birmingham to attend a UCAS convention. Representatives from an enormous range of higher education institutions were there to provide students with prospectuses, information and freebies! It was so useful to find out more about entry requirements and what each university has to offer. Afterwards, they all went to Star City for lunch and bowling, which was a well deserved treat after a busy year. After the UCAS information evening and two training sessions in school, Year 12 are well underway with their applications. Many have attended Open Days, to places

such as Durham and Oxford. All girls are now working on their personal statements and will hand in a first draft after the summer holidays.

## Year 12 Work Experience Stories

**Y**ear 12s went to work for a week in June, and had a variety of experiences and stories to tell on their return. Many of the girls organised the work themselves, through contacts in their family or friends. **Ellie** contacted a friend she had met on holiday. In her 30's and a producer at Sky Sports, she was more than happy to let Ellie shadow her for a week. Ellie spent part of the week compiling a CD of footage, and also worked in the editing and graphic design areas. She was pleased to see high numbers of women employees, surprised about how casual the clothes were, and thought it impressive how hard people



Work experience:  
Sky Sports

wrote to a consultant and secured a week in Glenfield Hospital in the Orthodontics and Restorative Dentistry department. She said, 'I learnt a lot! I saw a lot of procedures, so I got to know the names of the majority of instruments which were used, such as the probe, mirror and scaler. I was even asked to identify some types of gum disease on a few patients. I also learnt some of the dental terms such as TTP: tender to percussion (tapping the teeth with instruments) and BOP: bleeding on probing (when poking the gums with the probe, they bleed!)' Natasha is now convinced that she wants to be a dentist. 'It was a very worthwhile experience and the best thing is that I experienced a lot of procedures and it made me realize that being a dentist is something I really want to be!'