

PSHCE Curriculum Information

Please note that the curriculum statements given here may be changed at short notice should the need arise, for example, if a General Election is called, the girls will plan and prepare for a mock election to take place in school at the same time.

Year 6

In the Autumn term, the girls focus on getting to know one another and become familiar with various aspects of school life. This includes classroom rules, the role of the school council and election of form representatives, procedures for parents' evenings and explanation of IPC grades. The girls then explore safety issues to include firework safety with regard to Hallowe'en, Diwali, Bonfire night and general ideas for keeping safe during half term. Later in the term they think about their personal strengths and weaknesses. During anti-bullying week, the girls think about how their words and actions can affect others and other issues related to bullying. Good manners and Christmas charities complete the term. Other safety issues are explored later in the year when the girls visit Warning Zone. Preparing for examinations and revision techniques are also discussed.

Year 7

The girls begin the term by discussing the ground rules for PSHCE and the role of the school council. Friendships and relationships are then discussed followed by puberty and personal hygiene prior to their visit to Sheringham. During anti-bullying week, verbal and physical bullying is explored. This is followed by the dangers of smoking. The girls then learn about self-esteem and develop assertiveness skills. They explore the media in society and the right to privacy. They learn about being a responsible citizen, with particular focus on noise pollution, trespass, vandalism and other forms of anti-social behaviour. Some lessons involve preparation for "Take our daughters to work" and feedback following this. The girls are also helped in their preparation for the school examinations.

Year 8

As with Year 7, the girls begin with a reminder about the ground rules for PSHCE and the role of the school council. This is followed by discussion of stereotypes and inequalities in society, together with relationships and family issues. During anti-bullying week, the girls think about bullies and their victims and, in particular, address problems surrounding text and mobile 'phone bullying. Next, the girls become more aware about social, medicinal and illegal drugs and the dangers surrounding these. The topic of Crime and the Law includes a visit to the Galleries of Justice in Nottingham where the whole Year group takes part in mock trials.



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Magistrates also visit the school to talk about their work. During the topic of local government, the girls invent their own political parties, policies and manifestos and hold a mock election. The problems associated with disability are also explored and the year finishes with addressing safety in the Sun prior to the summer holidays.

Year 9

The year begins with looking at Britain as a diverse society and in particular, the local community. The problem of eating disorders is explored. This includes a talk from a former sufferer. Personal safety, going out alone, internet and mobile 'phone safety issues are addressed. Human Rights issues are then explored followed by an introduction to our main political parties. Fairtrade activities take place during Fairtrade fortnight. The topics of public spending and taxation methods coincide with the Chancellor's Budget. The girls are taught the basic principles of First Aid in a workshop led by members of the British Red Cross.

Year 10

Relationships, love sex and marriage are discussed, as are contraception and well-woman issues. This includes a talk by the school nurse. The problems surrounding STIs are also explored. An awareness of homophobic bullying takes place in anti-bullying week. The girls are reminded about personal safety issues and also receive a talk on stress. Illegal drugs are discussed in much greater detail than in Year 8. This includes the Police bringing in their drug box and a talk from a reformed drug addict. The topic of European politics includes a talk from the MEP Chris Heaton Harris. The girls then think about consumer issues and finish the year with the careers department.

Year 11

The girls continue to think about their future careers at the start of Year 11. This is then followed by issues surrounding alcohol and includes a hard-hitting video and talk from visiting police officers. Aspects of the Law are explored and the lead magistrate, Mrs Joannou, talks to the girls. Managing money is the other main topic in Year 11.

