## WELL-BEING WEEK 2018 29 JANUARY-2 FEBRUARY

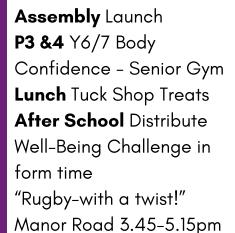
## BECAUSE YOU'RE WORTH IT!



New Day New Week New Goals

## **MONDAY**

#MONDAYMOTIVATION #LHSWELLBEING





8.30am Y6/Y7 LEPRA
Workout Gym
Lunch Tuck Shop Treats
P7 to 9 Y9 Beautiful Me,
Jemma Swinfield, Room 25
After School Y9 Parents'
Evening





Y11 History Trip
Y10-12 Music Trip
Break No Staff Briefing
Lunch Tuck Shop Treats
P7 to 9 Y9 Beautiful Me,
Jemma Swinfield, Room 25
After School No Work
Wednesday – for staff and
students



Lunch Tuck Shop Treats
Walking Club 1.15–1.40pm
P7 to 9 Natasha Devon –
Talk to Y 9–12
Senior Gym
Y13 Bounce! Trip
After School Natasha
Devon – Talk to parents
5.30pm–6.30pm, Senior
Gym



Assembly close Milan Wright Y12, A Positive Mindset
Break LT Host Break for the Staff
P3 to 6 Y10/11 Alternative
Therapies and Blossom Yoga
Drama Studio
Lunch Tuck Shop Treats &
Ice Cream Van (Inc P7)
P7 WHOLE SCHOOL
PHOTOGRAPH, Gravel 2pm